

SHARING BOARDS

BURGER SLIDERS

KATSU CHICKEN, mayo & soy dressing /
CHEESEBURGER with an onion ring & balsamic onion
relish / FISH BURGER with tartar / Moving Mountains
PLANT BURGER with smoked paprika ketchup
- Choose any 4 for £15 -

MEZZE PLATTER v

Pitta bread, halloumi, pesto, hummus, applewood wedges,
pickles, oil & vinegar, marinated olives, homemade falafels
- £13 -



SMALL PLATES & STARTERS

- CHOOSE ANY 3 SPIRITUALIST SMALL PLATES FOR £13 -

HOMEMADE SOUP

Artisan breadsticks
- £4.50 -

CHICKEN, CHORIZO & CHEDDAR CROQUETTES

Smoked paprika ketchup
- £5 -

WARM BUTTERBEAN SALAD VG / GF

Roast red peppers, balsamic dressing
- £4.50 -

STUFFED SWEET POTATO SKINS v* / GF

Sautéed shallot & mushroom, blue cheese sauce
- £5 -

PATATAS BRAVAS v*

Sour cream, smoked paprika ketchup
- £4.50 -
Add CHEESE for £1

SALAD BOWLS



SURF 'N' TURF

Chargrilled steak, king prawns, marinated tomatoes, roasted
shallot, rocket, sun dried tomato pesto, crispy onions
- £12.50 -

AVOCADO & QUINOA TABBOULEH VG / GF

Marinated cherry tomatoes, harissa & herb dressing, dukkah
- £11 -

CRISPY KATSU CHICKEN

Glass noodles, pak choi, charred baby corn, soy dressing
- £11.50 -

Add CHICKEN / BACON / CHORIZO
to any salad bowl for £2

BAKED CAMEMBERT v

Rosemary & garlic salted baked Camembert inside
a baked cobb loaf with pickled onion relish
PLEASE ALLOW 20 MINS FOR PREPARATION
- £14 -

HOT & CRISPY

Stuffed sweet potato skins, chicken, chorizo & cheddar
croquettes, mini pork calzones, chicken wings,
green salad, pickles, artisan breadsticks
- £18 -

COLD TOWN BEER BRAISED PORK, PEPPER & MOZZARELLA CALZONES

Spicy tomato sauce
- £6 -

SMOKED HADDOCK, SPRING ONION & POTATO FISHCAKES

Lemon & coriander yoghurt
- £6 -

CHIPOTLE & MAPLE MARINATED CHICKEN WINGS

Sour cream, chives
- £5.50 -

SPINACH PARCELS v

Parmesan & spice
- £4.50 -

BRUNCH

Served until 5PM, ALL WEEK

STEAK CIABATTA

Caramelised onion, baby gem lettuce, harissa mayo
and served with FRIES or SOUP
- £9.50 -

SCOTTISH SALMON CIABATTA

Horseradish, cream cheese, rocket leaves
and served with FRIES or SOUP
- £8.50 -

SMASHED AVOCADO v

Artisan bread, poached eggs, pea shoots
- £7.50 -

BENNY'S MUFFIN

Two poached eggs, hollandaise sauce and choose two from:

AVOCADO / BLACK PUDDING / HAGGIS
BACON / SMOKED SALMON
- £8.50 -

THE SPIRITUALIST



Food served NOON until 10PM ALL DAY, EVERY DAY

HANGING GRILLS

Our hanging grills are made with skewered chunks of tender meat
and vegetables, cooked to perfection on our synergy charrill.

All come with SKINNY FRIES or GARDEN SALAD
Upgrade to LOADED FRIES for £2

PORK SHOULDER & ROAST APPLE GF

Honey mustard
- £14 -

STEAK FILLET & MUSHROOM GF

Peppercorn sauce
- £16.50 -

DRUNK CHICKEN & RED ONION GF

Bourbon glaze
- £14 -

HALLOUMI, CHARRED CORN, COURGETTE & PEPPER v / GF

lemon tahini dressing
- £13 -

£5.95 LUNCH

Served NOON until 5PM, MONDAY - FRIDAY

QUINOA & AVOCADO SALAD VG / GF

Marinated cherry tomatoes, harissa & herb dressing, Moroccan spice

CRISPY KATSU CHICKEN

Glass noodles, pak choi, charred baby corn, soy dressing

THE SPIRITUALIST MINI KEBAB

Our famous kebab served with pitta and shredded cabbage salad.
Choose from DRUNK CHICKEN with Bourbon glaze
PORK SHOULDER & ROAST APPLE with Honey Mustard
HALLOUMI, CHARRED CORN, COURGETTE & PEPPER v
with tahini dressing

PASTA OF THE DAY

Please ask your server for details

PROVENANCE

THE SPIRITUALIST source all of our produce from Scottish suppliers to ensure
we get fresh, local produce of the best quality. We take great pride in our cooking
and work with our suppliers to bring our delicious dishes to your table.

PLEASE ALERT YOUR SERVER TO ANY ALLERGENS

v = VEGETARIAN VG = VEGAN GF = GLUTEN FREE
v* = VEGETARIAN but can be made vegan with some alterations.

We are pleased to offer a variety of gluten free products and options but we are not
a gluten free restaurant. Our kitchen does contain gluten products and nuts and
there is always a small risk of cross contamination.

MAINS

COLD TOWN ALE BATTERED HADDOCK £14

Peterhead haddock, chunky chips, mushy peas, tartar sauce

COURGETTE RISOTTO v* / GF £11

Celery & pepper, parmesan, herb oil

GOLDEN CRISPY CHICKEN SCHNITZEL £12

Avocado, skinny fries, sweet cherry tomato & Mozzarella salad

SLOW ROASTED RED PEPPERS VG / GF £12

Butterbean mash, vegan pepperjack cheese, chilli, green beans
and smoked paprika sauce on a bed of rocket and quinoa

PASTA OF THE DAY

Please ask your server for details

BURGERS



All our burgers come with a toasted pretzel bun, crisp gem lettuce,
tomato and skinny fries. Vegan & GF buns are available.

THE SPIRITUALIST BURGER £10

6oz beef burger, balsamic onion relish

PLANT BURGER VG £13

Moving Mountains™ plant burger, vegetarian haggis, relish

CHICKEN FAJITA BURGER £12

Chipotle marinated chicken breast, avocado, relish, grilled cheddar

Add SMOKED APPLEWOOD CHEDDAR
VEGAN PEPPERJACK JACK CHEESE
MAPLE GLAZED BACON / HAGGIS
to any burger for £1.50



DESSERTS



BAKED CHOCOLATE CHIP COOKIE DOUGH v £6

Salted caramel ice cream, chocolate sauce

WHITE CHOCOLATE & NUTELLA CHEESECAKE v £6

Toasted almonds, toffee sauce

UNICORN SUNDAE v £6

Ice cream, rainbow sprinkles, bubble gum syrup, cotton candy, cone

STRAWBERRY TART VG £6

Almond vanilla custard, vegan vanilla ice cream

BROWNIE CHEESECAKE SQUARE v £6

With your choice of ice cream

SELECTION OF ICE CREAMS v* / GF £4.50

With chocolate and toffee sauce
Please ask your server for selection

SIDES

CHUNKY FRIES v

- £3.50 -

SKINNY FRIES v

- £3.50 -

SWEET POTATO FRIES v

- £3.50 -

MACARONI CHEESE v

Crispy onion topping
- £5 -

GREEN BEANS & SUGAR SNAPS

VG / GF

Garlic & chilli flakes
- £3 -

PITTA BREAD VG

Roast pepper hummus,
Moroccan spice
- £4 -

GARDEN SALAD GF

House dressing
- £3 -

LOADED FRIES

SKINNY FRIES
with NAUGHTY TOPPINGS

COLD TOWN ALE BRAISED PULLED PORK

Balsamic onion relish, Mozzarella
& spring onion
- £6 -

MEXICANA FRIES v*

Tortilla chips, smashed avocado,
red chilli, cheddar cheese,
sour cream & jalapeños
- £6 -

PIG MAC

Cheddar, macaroni, bacon
& crispy onions
- £6 -